**SOS Signs of Suicide:** 

**Training Trusted Adults (Parents & Community)**

## In-Person Event: Thursday, September 28, 2023

Hampton Academy - Auditorium

## 7:00pm - 8:00pm

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## *Presented by Connor’s Climb Foundation:*

## *Sarah Gould, Training & Program Coordinator*

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## Training Trusted Adults - Agenda

## Youth suicide prevention basics

## ACT (Acknowledge, Care, Tell)

## What to do when your child ACTs

## Building coping skills

## Resources

*Additional Resources Resources:*

[**SOS Signs of Suicide Parent Portal (provides resources and an overview of the SOS Program)**](https://sossignsofsuicide.org/parent/signs-suicide-program)

[**Article: How Can Parents Help Kids Help a Friend?**](https://www.washingtonpost.com/lifestyle/2019/05/15/social-media-self-harm-suicide-how-can-parents-help-kids-help-friend/)

## [***NH lawmakers passed Senate Bill 282. RSA 193-J codifies suicide prevention education***](https://www.education.nh.gov/)